

DATES AND TIMES FOR SWIMMING

SATURDAY 5-WEEK SWIM

SPRING TERM		SUMMER TERM		AUTUMN TERM	
28th April to 26th May		23rd June to 21st July		15th September to 20th October	
9.00am	Starfish	9.00am	Starfish	9.00am	Starfish
9.30am	Seahorses	9.30am	Seahorses	9.30am	Seahorses
10.00am	Dolphins	10.00am	Dolphins	10.00am	Dolphins
10.30am	Sharks	10.30am	Sharks	10.30am	Sharks
11am-midday Water Confidence		11am-midday Water Confidence		11am-midday Water Confidence	

5-DAY CRASH COURSE

SUMMER
30th July to 3rd August (5 days)

9.30am	Starfish
10.00am	Seahorses
10.30am	Dolphins
11.00am	Sharks

You can also visit www.littlewalthamschool.co.uk to download an application form



Fully qualified ASA swimming teacher

SATURDAY SWIMMING TUITION

These courses are for absolute beginners to swimmers who want to improve their stroke and confidence.

Your child will be taught by a fully ASA qualified swimming teacher in a superb shallow pool with a maximum of eight children to a lesson. An excellent environment to learn in!

STARFISH: (0-4 YEARS)	Parent/carer in the water with their child having fun together, whilst gaining confidence in the water.
SEAHORSES	Needs support of buoyancy aids. If necessary the teacher will be in the pool encouraging correct body positions for the introduction of different strokes.
DOLPHINS	Can swim a width without buoyancy aids confidently. This class builds on stamina and skills.
SHARKS	Can swim a length confidently. This group focuses on stamina and style.
WATER CONFIDENCE	This 1 hour session is for children aged 4-7 years old, and is non-structured, where children can have fun and gain confidence in the water. Our swimming teacher will be in the water to assist although will not be teaching children to swim. Included is the use of water toys.
CRASH COURSE	This consists of five half-hour lessons, Monday to Friday, where the children will learn the skills of swimming and confidence building with each day.

You can also visit www.littlewalthamschool.co.uk to download an application form



Learn to swim in a safe and friendly environment

LITTLE WALTHAM SWIMMING TUITION APPLICATION FORM

(Please use one form for each of your children. Form needs to be completed for renewals too).

Child's name: Child's date of birth: / /

Address:

..... Post Code:

Contact name:

Telephone Number:

Mobile Number:

Email address:

Please state ANY medical condition/disability of the swimmer:

.....

Please tick to best describe your child's swimming ability:

- | | |
|--|---|
| <input type="checkbox"/> Starfish classes (0-4) - parent and child in water | <input type="checkbox"/> Seahorse - needs support at all times |
| <input type="checkbox"/> Dolphin - can get feet off floor for short distance | <input type="checkbox"/> Shark - can swim a width confidently in any stroke |

Please tick lessons required

- | | |
|---|---|
| <input type="checkbox"/> Saturday lessons - Spring £22.50 (£4.50 x 5) | <input type="checkbox"/> Water confidence - Spring £17.50 (£3.50 x 5) |
| <input type="checkbox"/> Saturday lessons - Summer £22.50 (£4.50 x 5) | <input type="checkbox"/> Water confidence - Summer £17.50 (£3.50 x 5) |
| <input type="checkbox"/> Saturday lessons - Autumn £27.00 (£4.50 x 6) | <input type="checkbox"/> Water confidence - Autumn £21.00 (£3.50 x 6) |
| <input type="checkbox"/> Crash Course - Summer £22.50 (£4.50 x 5) | |

Please make your cheque payable to "The Friends of Little Waltham" and hand into the school reception c/o Sarah O'Rorke, or send to Little Waltham School, The Street, Little Waltham, Chelmsford CM3 3BN.

All applications and payment must be received 4 weeks prior to course commencing.

Confirmation of place and payment will be sent to you as soon as possible.

ADDITIONAL INFORMATION

- 1) Parent/carer and children must stay within the school pool building for the duration of the lesson. No children are allowed to play on the school fields or the play equipment.
- 2) Payments must be made in advance for course duration (see date overleaf) before placement will be confirmed.
- 3) No refunds will be made for non-attendance at lessons
- 4) Friends of Little Waltham will reschedule any lessons cancelled due to instructor illness or unforeseen circumstances
- 5) Any child who has had sickness or diarrhoea should be clear of symptoms for 48 hours before attending a lesson.
- 6) All children must wear a swimming hat. These can be purchased from the swimming instructor.

I have read the above additional information and have now become a "Friend of Little Waltham School".

Signed: Date of Application: / /

